

Family Hubs - Spring Term Timetable 2022

The Family Hubs (formerly Children's Centres) offer a range of support to families living in Bournemouth, Christchurch and Poole. By working alongside local communities, with other professionals and the voluntary sector, they aim to provide the right help at the right time for you and your family. They provide help from pregnancy onwards and support families with children aged 0 to 19 (or up to 25 for those with Special Educational Needs and/or Disabilities).

The spring term timetable offers a variety of activities at some of our family hubs and we advise you to call them to register your interest or book your place:

Family Hub at Boscombe

22 Ashley Close, Boscombe, Bournemouth, BH1 4PE. **T.** 01202 096699 **E.** boscombefamilyhub@bcpcouncil.gov.uk

Family Hub at Kinson and West Howe

Moore Avenue, West Howe, Bournemouth BH11 8AU. **T.** 01202 096700 **E.** kinsonandwesthowefamilyhub@bcpcouncil.gov.uk

Family Hub at Poole Old Town

Green Road, Poole BH15 1QB. **T.** 01202 817772 **E.** oldtownfamilyhub@bcpcouncil.gov.uk

Family Hub at Rossmore

Herbert Avenue, Poole BH12 4HR. **T.** 01202 817771 **E.** rossmorefamilyhub@bcpcouncil.gov.uk

Family Hub at Somerford

Draper Road, Christchurch BH23 3AS. **T.** 01202 093500 **E.** christchurchfamilyhub@bcpcouncil.gov.uk

Family Hub at Turlin Moor

Turlin Road, Turlin Moor, Poole BH16 5AH. **T.** 01202 817770 **E.** turlinmoorfamilyhub@bcpcouncil.gov.uk

Pre-birth and babies, toddlers and pre-school
 5-11 Primary school age
 11-16 Secondary school age
 Young adults, parents and carers

	Monday	Tuesday	Wednesday	Thursday	Friday				
Family Hub at Boscombe (no sessions at half term)									
	9.30 to 11.00	Come Talk with Me: 10 Jan to 14 Feb and 28 Feb to 4 Apr		1.00 to 2.30	Come Talk with Me: 12 Jan to 16 Feb and 28 March to 6 Apr	9.30 to 11.00	Building Positive Relationships: 20 Jan to 7 Apr	9.15 to 10.15	Bumps and Babes: 14 Jan to 18 Feb and 4 March to 8 Apr
						1.00 to 2.30	Toddler PEEP: 13 Jan to 17 Feb and 3 March to 7 Apr	10.45 to 11.45	Let's Talk with your Baby: 14 Jan to 18 Feb and 4 March to 8 Apr
								1.00 to 2.30	Play and Learn: 14 Jan to to 8 Apr

	Monday	Tuesday	Wednesday	Thursday	Friday				
Family Hub at Kinson and West Howe (no sessions at half term)									
	9.30 to 11.00	Come Talk with Me: 10 Jan to 14 Feb and 28 Feb to 4 Apr	9.30 to 11.00	Baby PEEP: 11 Jan to 15 Feb and 1 March to 4 Apr	1.00 to 2.30	Starting Out: 12 Jan to 16 Feb and 2 March to 6 Apr	9.30 to 11.00	Toddler PEEP: 13 Jan to 17 Feb and 3 March to 7 Apr	
	9.30 to 12.00	Who's in Charge: 10 Jan to 21 March	10.00 to 12.00	Parenting Puzzle: 8 to 29 March					
	1.00 to 2.30	Let's Talk with your Baby: 10 Jan to 14 Feb and 28 Feb to 4 Apr	12.30 to 2.30	Triple P Primary (and creche): 25 Jan to 22 March					
2.30 to 3.30	Bumps and Babes: 10 Jan to 14 Feb and 28 Feb to 4 Apr	1.00 to 2.30	Play and Learn: 11 Jan to to 5 Apr						

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		Monday	Tuesday	Wednesday	Thursday	Friday			
Family Hub at Poole Old Town (no sessions at half term)									
			9.15 to 10.15	Bumps and Babes: 11 Jan to 15 Feb and 1 March to 5 Apr		1.00 to 2.30	Toddler PEEP: 13 Jan to 17 Feb and 3 March to 7 Apr		
			9.30 to 11.00	Building Postive Relationships: 11 Jan to 15 Feb and 1 March to 5 Apr					
			10.45 to 11.45	Let's Talk with your Baby: 11 Jan to 15 Feb and 1 March to 5 Apr					
			1.00 to 2.30	Come Talk with Me: 11 Jan to 15 Feb and 1 March to 5 Apr					
Family Hub at Rossmore (no sessions at half term)									
	9.30 to 11.00	Play and Learn: 10 Jan to 14 Feb and 28 Feb to 4 Apr	9.30 to 11.00	Toddler PEEP: 11 Jan to 15 Feb and 1 March to 5 Apr	10.00 to 12.00	Triple P Primary (and creche): 12 Jan to 23 March			
	1.00 to 2.30	Baby PEEP: 10 Jan to 14 Feb and 28 Feb to 4 Apr			1.00 to 2.30	Come Talk with Me: 12 Jan to 16 Feb and 2 March to 6Apr			

■ Pre-birth and babies, toddlers and pre-school
 ■ 5-11 Primary school age
 ■ 11-16 Secondary school age
 ■ Young adults, parents and carers

		Monday	Tuesday	Wednesday	Thursday	Friday				
Family Hub at Somerford (no sessions at half term)										
	10.00 to 12.00	FAB breastfeeding group	9.30 to 11.00	Come Talk with Me: 11 Jan to 15 Feb and 1 March to 5 Apr	9.15 to 11.45	Triple P Primary): 19 Jan to 2 March		Speech and Language Therapy (SALT)/Health		Speech and Language Therapy (SALT)/Health
			1.00 to 2.00	Let's Talk with your Baby: 11 Jan to 15 Feb and 1 March to 5 Apr	1.00 to 2.30	Toddler PEEP: 12 Jan to 16 Feb and 2 March to 6 Apr				
			2.30 to 3.30	Bumps and Babes: 11 Jan to 15 Feb and 1 March to 5 Apr						
Family Hub at Turlin Moor (no sessions at half term)										
						9.30 to 11.00	Toddler PEEP: 13 Jan to 17 Feb and 3 March to 7 Apr	9.30 to 11.00	Play and Learn: 14 Jan to to 8 Apr	

